

# **Introduction to Buddhism**

## **Session 2**

**10/9/22**

**The story of Siddhartha- the historical Buddha.**

**\* The story of Queen Maya's pregnancy.**

**\* The legend regarding Siddhartha's birth.**

**\* Renunciation of Siddhartha's role as a member of the royal family.**

**\* "Offerings from a maiden": Siddhartha's years of ascetic practices.**

**\* Enlightenment under the Bodhi Tree.**

**\* Turning the Wheel of the Dharma. The Buddha spreading the Dharma (Buddhist teachings).**

**\* Nirvana: The passing away of the historical Buddha.**

**SUGGESTED BOOKS REGARDING BASIC BUDDHISM**

*Basic Teachings of the Buddha* By Glenn Wallis, Modern Library Classics 2007

*Jewels* By Kenneth Tanaka, BDK 2020

*Jodo Shinshu A Guide* Hongwanji International Center 2004

*Ocean* By Kenneth Tanaka, Wisdom Ocean Publications 1998

*The heart of the Buddha-Dharma* By Rev. Kenryu Tsuji, Numata Center 2003

*The Vision of the Buddha* By Tom Lowenstein, Little Brown 1996 (Thorsons 2002)