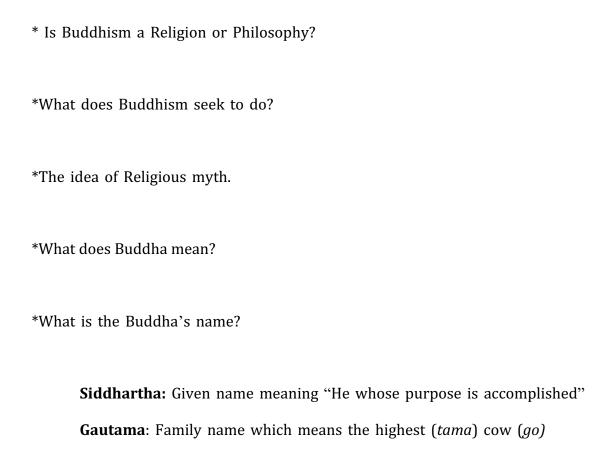
# Introduction to Buddhism

# **Session 1**

10/2/22

### **Discussion Points**

the sage.



Shakyamuni: Shakya refers to the name of his clan, and "muni" means

### Siddhartha is thought as the founder of Buddhism.

To Buddhists around the world Siddhartha was a man who awakened to the Truth of suffering of life at age thirty five. For the next forty five years he shared what he had awakened to.

\*A matter of questioning:

#### SUGGESTED BOOKS REGARDING BASIC BUDDHISM

Basic Teachings of the Buddha By Glenn Wallis, Modern Library Classics 2007

Jewels By Kenneth Tanaka, BDK 2020

Jodo Shinshu A Guide Hongwanji International Center 2004

Ocean By Kenneth Tanaka, Wisdom Ocean Publications 1998

The heart of the Buddha-Dharma By Rev. Kenryu Tsuji, Numata Center 2003

*The Vision of the Buddha* By Tom Lowenstein, Little Brown 1996 (Thorsons 2002)