

Excerpt prepared for Ekoji Buddhist Temple

# **Shin Buddhist Service Book**



**Buddhist Education Center**  
Orange County Buddhist Church  
[www.ocbuddhist.org](http://www.ocbuddhist.org)

## Three Treasures

*Leader:*

How rare and wondrous it is to have been born into human life, and now I live it. How rare and wondrous it is to be able to listen to the Buddha-Dharma, and now I am able to hear it. If I do not transcend the world of delusion in this life, when will I ever attain spiritual liberation? May I, along with the entire Sangha, with sincere heart and mind, rely on that which can be truly relied on in life – the Three Treasures.

*All:*

I rely on the Buddha. May I, along with all sentient beings, awaken to the Great Path with my entire being and discover the highest aspiration, which is to become a Buddha.

I rely on the Dharma. May I, along with all sentient beings, deeply reflect on the meaning of the sutras and gain wisdom that is as deep and vast as the ocean.

I rely on the Sangha. May I, along with all sentient beings, become one Sangha of life, able to move forward and live with a dynamic spirit that is hindered by nothing.

*Leader:*

The unsurpassed, deep, and wondrous Dharma, even in millions of kalpas, is extremely difficult to encounter, but now I am able to experience and embrace it. May I come to understand and revere the true meaning of the Tathāgata.

## Selected Sayings

1.

“He abused me, he laughed at me, he struck me.” Thus one thinks, and so long as one retains such thoughts, one’s anger continues. Anger will never disappear so long as there are thoughts of resentment in the mind. Anger will disappear just as soon as thoughts of resentment are forgotten.

– *Dhammapada*

2.

To be foolish and to recognize that one is a fool, is better than to be foolish and imagine that one is wise. So long as a man cannot control his own mind, how can he get any satisfaction from thinking such thoughts as, “This is my son” or “This is my treasure”? A foolish man suffers from such thoughts.

– *Dhammapada*

3.

Happiness follows sorrow, sorrow follows happiness, but when one no longer discriminates between happiness and sorrow, a good deed and a bad deed, one is able to realize freedom.

– *Dhammapada*

4.

The secret of health for both mind and body is not to mourn for the past, not to worry about the future, and not to anticipate troubles, but to live wisely and earnestly for the present.

– *Dhammapada*

5.

He who is influenced by likes and dislikes cannot rightly understand the significance of circumstances and tends to be overcome by them; he who is free from attachments rightly understands circumstances, and to him all things become new and significant.

– *Dhammapada*

Dhammapada verses are from *The Teaching of Buddha*, Bukkyō Dendō Kyōkai, Tokyo.

26.

There are those who listen to the teachings with the purpose of showing off their knowledge to others, but few are those who listen for the sake of attaining awakening. Those who hear that the Pure Land is a place of pleasure and thus desire rebirth there shall not attain the Supreme Enlightenment. Only those who place their being in Amida Buddha shall attain Buddhahood.

– *Rennyō Shōnin*

27.

From the standpoint of endowed trust, one should listen to the teaching as if for the first time, even though it has been heard before. People want to hear new and interesting things all the time, but no matter how often one listens to the teaching, one should hear it as if it were a rare, first occasion.

– *Rennyō Shōnin*

28.

Listen to the Buddhist teaching, even if you must take time out from your daily business. To believe that you will listen when you have some spare time is shallow thinking. There is no tomorrow in listening to the teaching.

– *Rennyō Shōnin*

29.

The essential teaching of the Buddha Dharma is non-ego. There should be no egoistic attachment to “I.” But no one believes that he or she is attached to ego; such a person, however, will be reproached by Shinran Shōnin. Rennyō thus urged us to entrust ourselves to Other Power wherein no ego-self exists.

– *Rennyō Shōnin (Goichidai Kikigaki)*

30.

Saichi has nothing – which is joy. Outside this there's nothing. Both good and evil – all is taken away. Nothing is left. To have nothing – this is the release, this is the peace. All is taken away by the “Namo Amida Butsu”; this is truly the peace. “Namo Amida Butsu.”

– *Asahara Saichi*

## Sanbutsuge (讃仏偈)

○ ○

<i>Kō gen gi gi</i>	Fu se jō i	Jip-pō rai shō
I jin mu goku	Kai nin shō jin	Shin-netsu shō jō
Nyo ze en myō	Nyo ze sam-mai	I tō ga koku
Mu yo tō sha	Chi e i jō	Ke raku an-non
↓		
Nichi gatsu ma ni	Go sei toku butsu	Kō butsu shin myō
Shu kō en nyō	Fu gyō shi gan	Ze ga shin shō
Kai shitsu on pei	Is-sai ku ku	Hotsu gan-no hi
Yu nyaku ju moku	I sa dai an	Riki shō sho yoku
Nyo rai yō gen	Ke shi u butsu	Jip-pō se son
Chō se mu rin	Hyaku sen-noku man	Chi e mu ge
Shō gaku dai on	Mu ryō dai shō	Jō ryō shi son
Kō ru jip-pō	Shu nyo gō ja	Chi ga shin gyō
Kai mon shō jin	Ku yō is-sai	Ke ryō shin shi
Sam-mai chi e	Shi tō sho butsu	Sho ku doku chū
I toku mu ryō	Fu nyo gu dō	<u>Ga gyō shō jin</u>
Shu shō ke u	Ken shō fu gyaku	<u>Nin jū fu ke</u> ○
Jin tai zen nen	Hi nyo gō ja	<i>Na man da bu</i> ○
Sho butsu hō kai	Sho butsu se kai	Na man da bu
Gu jin jin nō	Bu fu ka ge	Na man da bu
Ku go gai tai	Mu shu setsu do	Na man da bu
 		Na man da bu
Mu myō yoku nu	Kō myō shis-shō	Na man da bu ○
Se son yō mu	Hen shi sho koku	
Nin-no shi shi	Nyo ze shō jin	
Jin toku mu ryō	I jin nan ryō	<i>Gan ni shi ku doku</i>
 		Byō dō se is-sai
Ku kun kō dai	Ryō ga sa butsu	Dō ho'n bo dai shin
Chi e jin myō	Koku do dai ichi	Ō jō an rak-koku
Kō myō i sō	Go shu ki myō	○ ○ ○
Shin dō dai sen	Dō jō chō zetsu	
Gan ga sa butsu	Koku nyo nai on	
Zai shō hō ō	Ni mu tō sō	
Ka do shō ji	Ga tō ai min	
Mi fu ge datsu ↑	Do datsu is-sai	

## Jūseige (重誓偈)

○ ○

*Ga gon chō se gan*  
 His-shi mu jō dō  
 Shi gan fu man zoku  
Sei fu jō shō gaku

↓

Ga o mu ryō kō  
 Fu i dai se shu  
 Fu sai sho bin gu  
Sei fu jō shō gaku

Ga shi jō butsu dō  
 Myō shō chō jip-pō  
 Ku kyō mi sho mon  
Sei fu jō shō gaku

Ri yoku jin shō nen  
 Jō e shu bon gyō  
 Shi gu mu jō dō  
 I sho ten nin shi

Jin riki en dai kō  
 Fu shō mu sai do  
 Shō jo san ku myō  
 Kō sai shu yaku nan

Kai hi chi e gen  
 Mes-shi kon mō an  
 Hei soku sho aku dō  
 Tsū datsu zen shu mon

Ko so jō man zoku  
 I yō rō jip-pō  
 Nichi gatsu shū jū ki  
 Ten kō on fu gen    ↑

I shu kai hō zō  
 Kō se ku doku hō  
 Jō o dai shu chū  
 Sep-pō shi shi ku

Ku yō is-sai butsu  
 Gu soku shu toku hon  
 Gan-ne shitsu jō man  
 Toku i san gai o

Nyo butsu mu ge chi  
 Tsū datsu mi fu shō  
 Gan ga ku e riki  
 Tō shi sai shō son

Shi gan nyak-kok-ka  
 Dai sen ō kan dō  
Ko kū sho ten nin  
Tō u chin myō ke ○

*Na man da bu* ○  
 Na man da bu  
 Na man da bu  
 Na man da bu  
 Na man da bu  
 Na man da bu ○

*Gan ni shi ku doku*  
 Byō dō se is-sai  
 Dō ho'n bo dai shin  
 Ō jō an rak-koku

○ ○ ○

# Shōshinge (正信偈)

Gyō-fu (行譜)

° ° Leader All

Ki myo - u mu ryo - u ju nyo ra - i Na mo fu ka shi gi kō

Hō zō bo sa-tsu in ni ji Zai se ji zai ō bus-sho

2.  
To ken sho butsu jō do in  
Koku do nin den shi zen maku  
Kon ryū mu jō shu shō gan  
Chō hotsu ke-u dai gu zeī

3.  
Go kō shi yui shi shō ju  
Jū sei myō shō mon jip-pō  
Fu hō mu ryō mu hen kō  
Mu ge mu tai kō en nō

4.  
Shō jō kan gi chi e kō  
Fu dan nan ji mu shō kō  
Chō nichī gak-kō shō jin setsu  
Is-sai gun jō mu kō shō

5.  
Hon gan myō gō shō jō gō  
Shi shin shin gyō gan ni in  
Jō tō gaku shō dai ne han  
His-shi metsu do gan jō ju

6.  
Nyo rai sho-i kō shus-se  
Yui setsu mi da hon gan kai  
Go joku aku ji gun jō kai  
Ō shin nyo rai nyo jitsu gon

7.  
Nō hotsu ichi nen ki ai shin  
Fu dan bon nō toku ne han  
Bon jō gyaku hō sai e nyū  
Nyo shu shi nyū kai ichi mi

8.  
Ses-shu shin kō jō shō go  
I nō sui ha mu myō an  
Ton nai shin zō shi un mu  
Jō-fu shin jitsu shin jin ten

9.  
Hi nyo nik-kō fu un mu  
Un mu shi ge myō-mu an  
Gyaku shin ken kyō dai kyō ki  
Soku ō chō zetsu go aku shu

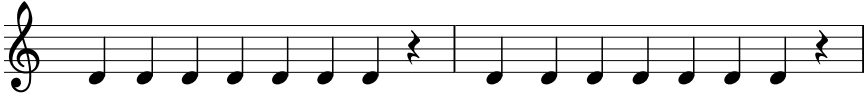
10.  
Is-sai zen maku bon bu nin  
Mon shin nyo rai gu zeī gan  
Butsu gon kō dai shō ge sha  
Ze nin myō fun da ri ke—

11.  
—mi da butsu hon gan nen butsu  
Ja ken kyō man aku shu jō  
Shin gyō ju ji jin ni nan  
Nan chū shi nan mu ka shi

12.



In do sai ten shi ron ge Chū ka ji-chi i - ki shi kō sō



Ken dai shō kō se shō i Myō nyo rai hon zei ō ki

13.



Sha-ka nyo rai ryō ga sen I shu gō myō nan ten jiku



Ryū-ju dai ji shut-to se Shi-tsu nō zai ha u mu ken

14.



Sen ze-tsu dai jō mu jō hō Shō kan gi ji shō an raku



Ken ji nan gyō ro-ku ro ku Shin gyō i gyō shi dō raku

15.



O-ku nen mi da bu-tsu hon gan Ji nen so - ku ji nyū hi-tsu jō



Yui nō jō shō nyo rai gō Ō hō dai hi gu zei on



16.  
*Tenjin* bo satsu zō ron setsu  
 Ki myō mu ge kō nyo rai  
 E shu ta ra ken shin jitsu  
 Kō sen ō chō dai sei gan

17.  
Kō-yu hon gan riki e kō  
 I do gun jō shō is-shin  
 Ki nyū ku doku dai hō kai  
 Hitsu gyaku nyū dai e shu shu

18.  
 Toku shi ren ge zō se kai  
 Soku shō shin nyo hos-shō jin  
 Yu bon nō rin gen jin zū  
 Nyū shō ji on ji ō ge

19.  
 Hon shi *Donran* ryō ten shi  
 Jō kō ran sho bo satsu rai  
 San zō ru shi ju jō kyō  
 Bon jō sen gyō ki raku hō

20.  
 Tenjin bo satsu ron chū ge  
 Hō do in ga ken sei gan  
 Ō gen ne kō yu ta riki  
 Shō jō shi in yui shin jin

21.  
 Waku zen bon bu shin jin potsu  
Shō-chi shō-ji soku ne han  
 His-shi mu ryō kō myō do  
Sho-u shu jō kai fu ke

22.  
*Dōshaku* kes-shō dō nan shō  
 Yui myō jō do ka tsū nyū  
 Man zen ji riki hen gon shu  
 En man toku gō kan sen shō

23.  
San-pu san shin ke on gon  
 Zo matsu hō metsu dō-hi in  
 Is-shō zō aku chi gu ze  
 Shi an nyō gai shō myō ka



Ze - do - u do — ku myo - u bus - sho - u i — i



Ko - u - u a - a - i jo - u san yo gya - ku a - a - ku



Ko - u myo - u myo - o - u go - o - u ken in nen



Ka - i ni - u hon ga - a - n da - i chi ka - a - i



Gyo - u ja sho - u ju ko - n go - u shi - i - n



Kyo-u-u ki - i i - chi nen so - u o - u go - o - o



Yo i da - a - i to - o - u gya - ku sa - n nin



So - ku sho - u hos - sho - o - u shi jo - u ra - a - ku



Gen shin ko ka - i i - chi da - i ke - e - u



He - n - n ki - i a - n nyo ka - n i - sa - a - i



Sen zo - u shi - i - u shi - in ha - n se - n jin



Ho - u ke ni do - o - o sho - u be - n ri - i - u



Go - ku ji - u a - ku nin yu - i sho - u bu - u - tsu



Ga - a ya - a - ku za - i hi ses - shu chi - i - u



Bon no - u sho - o - u ge - en su - i fu ken



Da - i hi mu ke - e - n jo - u se - u ga - a - a



Ho - n shi *Ge - n kū* myo - u buk - ke - e - u



Re - n - n mi - n ze - n maku bon bu ni - i - n



Shin shu ke - e - u sho - o - u ko - u he - n shiu



Se - n ja - ku ho - n ga - a - n gu a - ku se - e - e



Ge - n ra - i sho - u ji ri - n de - n ge - e - e



Ke - et - chi - i gi jou i sho shi - i - i



So - ku ni - u ja - a - ku jo - o - u mu i raku



Hit - chi shi - n ji - i - n i no - u ni - i - u



Gu kyo - u da - i ji shu shi to - o - u



Jo - u - u sa - a - i mu hen go - ku jo - ku a - a - ku



Do - u zo - ku ji - i shu - u gu do - u shin



Yu - i ka shin shi ko - u so - u se - e - tsu